











A helpful little book of do-it-yourself prayers for children and grown-ups

Let's start at the beginning...God loves you to bits!

He knows all about you and wants to be your friend. He wants you to know all about him, too. So how can you be friends with God?

Well, God sent his own son, Jesus, to earth to be born as a baby in Bethlehem (we celebrate his birthday at Christmas) so he knows just how it feels to learn how to walk and talk, learn new things and grow up, just like you.



We make friends by being a friend, by playing together and talking. When we talk to Jesus, it is often called a prayer, and it really is as simple as having a chat with your best friend.

This little book has some easy prayers for you and you can add your own words. There is even a prayer for a grown up to say! You can say them all or find your favourite one.

A prayer for my family

Jesus, thank you for my family, their names are



I know that sometimes we argue and fall out over silly things, but we all love each other and try to do fun things together. Please keep us all safe and healthy.

A prayer for my friends

Jesus, thank you for my friends, their names are



Thank you for giving us so many games to play and things to do. Please help us stay friends for a long time, even if we end up in different schools or different classes.

A prayer for when I am in a bad mood

Jesus, I am in a bad mood today because



I am trying my best not to take it out on anyone but I need your help to do this. Please help me to remember that there are lots of good things in my life and that I am loved by lots of people. Help me to say I am sorry if I need to.

A prayer for school



Jesus, thank you for my school (even if I don't always want to go!) Thank you for all the teachers who work hard to help me to learn, especially my favourite teacher who is called

Please help me to learn as well as I can, to learn how to play and take turns, how to be a good friend and how to help other people.

A prayer for my favourite things

Jesus, thank you for my favourite thing in the whole world

Thank you for the chance to play sports, go on my X-Box or Playstation, read books, watch movies, play with my friends, learn a musical instrument, ride my bike or skates, go swimming, and all the other fun things I can do!



A prayer for the children of the world

Jesus, I know that there are children in the world who don't have a family and children who are hungry and thirsty, poorly or not allowed to go to school. Please keep them safe and help us all to make the world a better place, where we all love each other and take care of each other, just as you want us to do.

A page for grown-ups

We sometimes forget how hard it is to be a child, but God remembers. Children don't come with an instruction manual, sometimes we get it right and sometimes we get it wrong. Whether you are trying to teach your child to tie their shoe laces or arguing with your teenager about their clothing choices, God is there with you.

Here is a prayer for you...



Dear God, thank you for the gift of children. Please help me to remember that life can be very hard and things don't always go the way we planned. Help me to be there for my children, to be a good role model for them and to do all I can to help them as they grow up and experience the world for

themselves. Help me to remember just how much you love them, and how much you love me. We are all precious in your sight and I pray for your blessing now. Amen

If you would like to help your child get to know God, we can help you on your journey. Please come along to St Matthew's and grow your own faith as we worship together, and as your children join their own groups to learn more, ask questions and get to know Jesus.



First Sunday of the month – our service starts at **10.30am** and includes groups for children.

All other Sundays of the month – our informal service at 11.15am includes groups for children or an all age service. On the last Sunday of the month, this service is signed for our friends in the deaf community.

Our Youth on the Edge holiday programme, in partnership with our friends at Stockport Baptist Church, is full of activities for children and families. Take a look at our website, Facebook page or Twitter feed to find out more.







